



A low protein, high energy chocolate flavoured bar

Can be used as a snack or
as an ingredient in recipes.



Vitabite™ can be used in many ways to add variety, fun and energy to your diet. It can be eaten as a bar or melted, frozen, microwaved or grated.

Here are some suggestions - have fun!

Melting Vitabite couldn't be easier. Break up into a bowl, then either microwave or carefully place in a bowl over a pan of boiling water. Stir until melted.



Vitabite Sweet Treats

Pour melted Vitabite into into different moulds, refrigerate or freeze for one hour and turn out once set.



Vitabite™

Hot Chocolate Flavour Drink

Stir the Vitabite into **PROZERO™** to make a delicious hot treat.



Vitabite™

Crispy Cakes

Mix with permitted amount of puffed rice cereal or other cereals, spoon into small cake cases and leave to cool.



Vitabite™

Buttons

Using a teaspoon, drip small drops onto a non-stick tray and leave to set in the fridge.



Vitabite™ Biscuits

Use as an ingredient
or coat permitted
biscuits or cakes.



Vitabite™ Fruits

Coat small pieces of
permitted fresh fruit and
make a special dessert.



Vitabite™ Ice Lollies

Great for sunny days. Dip
a permitted ice lolly into
melted Vitabite and keep in
the freezer or look out for
our Vitabite ice lolly recipe.